



## Houston MicroNeurosurgery

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### **Pre-Operative Instructions for Bayshore Medical Center**

1. **Pre-Register** at the hospital before your surgery date. To do this, perform the following steps:

- A. Call ahead at 713-359-1558 to make an appointment for pre-registration.
- B. Take all of the forms we gave you to the hospital Admitting/Registration office.
- C. Take your insurance information and a photo I.D.
- D. Take a list of your medications.

2. At the time of pre-registration you will have **blood work**, EKG, and possibly x-rays ordered by Dr. Pakzaban. Unless otherwise instructed, you do not have to fast before your blood tests.

3. You will also have an interview with an **anesthesiologist** at the time of pre-registration.

- A. Fill out the Pre-Anesthetic Questionnaire before pre-registration so that you can give it to the anesthesiologist.
- B. Give your list of medications to the anesthesiologist.
- C. Follow any instructions that the anesthesiologist gives you about your medications.

4. **Do not eat or drink anything after midnight on the night before surgery.** You may take the medications approved by the anesthesiologist on the morning of surgery with just enough water to get the pills down. If you normally take diabetes medications in the morning, make sure you ask the anesthesiologist or Dr. Pakzaban in advance about taking them on the morning of surgery. You should follow the instructions given to you by Dr. Pakzaban about discontinuing blood thinner medications (e.g. Aspirin, Coumadin, Plavix) before surgery.

5. **Check in** to the hospital 2 hours before your scheduled surgery time.

6. After you surgery, go online at [feedback.pakzaban.com](http://feedback.pakzaban.com) to give us feedback about your surgery experience. Your opinion is important to us. On our website you will also find additional useful information about your surgery and copies of post-operative instructions.

Our office will handle all insurance authorization and pre-certification matters prior to your surgery. If you have any questions, please do not hesitate to contact us. We look forward to assisting you in your journey to better health.

The Staff at Houston MicroNeurosurgery